

JANEIRO

HOTEL

MINI SPA

4th floor . Opened everyday . Pre-booking mandatory

Book your appointment at the reception, dial extension 9 or via our Guest Services WhatsApp

CLASSIC MESSAGES

RELAXING

Improves circulation and rebalance energies, eliminating stress.

50 MIN . R\$ 360 / 80 MIN . R\$ 490

SHIATSU

This traditional oriental massage increases immunity and balances the body.

50 MIN . R\$ 370 / 90 MIN . R\$ 490

SPORTING

This stretching massage of deep movements reduces muscle tension and is indicated for before or after practicing exercises

60 MIN . R\$ 375 / 80 MIN . R\$ 490

SHAPING MESSAGE

Localized and modeling massage that helps reducing measures by activating circulation.

60 MIN . R\$ 360

LYMPHATIC DRAINAGE

Soft massage technique that activates the lymphatic system by eliminating toxins.

60 MIN . R\$ 360

J E T L A G

A pleasant massage focusing on the back, legs and feet. Relieves physical and mental fatigue after long trips.

60 MIN . R\$ 360 / 80 MIN . R\$ 490

*15% of service fee will be added.

RECOMMENDATIONS

JANEIRO's massage menu was created to serve people who are in good health. If you have any worries, please consult your doctor before making your reservation. We suggest that you make your appointment in advance, and if you have a preference for any time out of the schedule, please let us know and we will try to serve you!

Cancellation policy: For any changes or cancellations, please inform us at least 4 hours in advance of your appointment, in order to avoid a penalty fee of 50%. In case of no show, withdrawal or changes without notice, the treatment total amount will be debited from your account. We kindly ask you to arrive 15 minutes before your appointment as we are unable to compensate for delays.